

EMPOWERING WELLNESS THROUGH EXPERT CARE

Discreetly located in the heart of Norwich city centre, The Clinic is an award-winning destination for aesthetics and wellbeing. Offering a refined approach to care, The Clinic specialises in regenerative treatments that support the body's natural processes. The team delivers natural yet noticeably effective results—helping patients feel confident, comfortable, and in control.

Below, The Clinic highlights some of its most sought-after non-surgical treatments, each designed to work in harmony with the body. These therapies are particularly well-suited to those seeking intelligent solutions to the visible and physical effects of ageing.

Pelvic Floor Health — Non-Invasive, Confidence-Restoring Treatment Pelvic floor dysfunction affects women of all ages and can lead to issues such as muscle weakness, incontinence, and vaginal laxity. The Supramax Pelvic Floor Chair offers a non-invasive, pain-free solution using High-Intensity Focused Electromagnetic (HIFEM) technology. This triggers deep pelvic muscle contractions—equivalent to 10,000 contractions in a single 30-minute session.



Patients remain fully clothed throughout the treatment. It's ideal for postnatal recovery, menopause and perimenopause support, post-surgical rehabilitation, and improving core strength and bladder control.

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The Clinic offers this treatment in a safe, discreet, and supportive environment—empowering women to regain strength, control, and confidence without discomfort, downtime, or embarrassment.

NeoGen Plasma — A Revolutionary Approach to Skin Rejuvenation
NeoGen Plasma is a cutting-edge skin rejuvenation treatment offered exclusively at The Clinic. Unlike lasers or surface-level therapies, NeoGen uses plasma energy derived from nitrogen to penetrate the deeper layers of the skin.

Joolia Gilvey, Lead Nurse and Clinic Owner, explains:
"NeoGen stimulates natural renewal by boosting collagen, tightening skin, and refining texture. It reduces pigmentation, improves tone and clarity, and enhances firmness—all without needles or surgery. It's great for patients seeking noticeable results with minimal downtime."

This revolutionary technology supports long-term skin health and revitalisation, and has recently been endorsed by celebrities such as Shirley Ballas and Linda Lusardi.

Radiesse — Subtle Volume and Lasting Results
The first signs of ageing often appear in the hands, neck, and décolleté, where the skin is thinner, more prone to creasing, and susceptible to volume loss. Radiesse is a regenerative dermal filler that forms new networks of collagen and elastin, providing natural-looking structure and gradual skin quality improvement over time. The result is subtle, long-lasting rejuvenation—without the tell-tale signs of cosmetic intervention.



Expert Care, Thoughtfully Delivered
The Clinic is led by experienced nurse prescriber Joolia Gilvey, supported by a team of highly qualified nurses. With a focus on evidence-based treatments, the team offers personalised care in a welcoming, unhurried environment.
Every patient is treated as an individual, with tailored treatment plans and informed guidance forming the foundation of each consultation.